Rodent Models of Streptozotocin-Induced Diabetes as Suitable Paradigms for Studying Diabetic Kidney Disease

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The purpose of this correspondence is to highlight the usefulness of Streptozotocin (STZ)-induced type 1 diabetes for studying Diabetic Kidney Disease (DKD) which is also known as diabetic nephropathy.1 DKD is a major microvascular complication of diabetes regardless of type 1 or type 2 diabetes.¹ DKD is also a leading cause for the development of end stage renal failure.¹ The main features of DKD is thickening of the glomerular basement membrane caused by accumulation of matric glycoproteins and collagens, resulting in increased albumin secretion and a decreased glomerular filtration rate.^{2,3} Abnormal structural changes such as mesangial expansion, podocyte cell death, and tubular interstitial fibrosis also contribute to glomerular hyperfiltration and proteinurea in DKD,^{2,3} leading to decline in kidney function. Despite advanced knowledge garnered over the years on DKD pathogenesis and anti-DKD strategies, no effective treatments for DKD are presently available. Therefore, this unmet medical need will continue to drive intensive and vigorous researches to understand the underlying pathological mechanisms of DKD, in hopes to discover potential targets for DKD therapeutic purpose.

Animal models of DKD are indispensable tools for our understanding of DKD pathology and for testing the efficacy of numerous therapeutic approaches.3 There are many rodent models of DKD, including genetically manipulated, diet-induced , chemical induced, or combination of each induction method such as High Fat Diet (HFD) feeding followed by intraperitoneal injection of Streptozotocin (STZ).³ The creation of HFD-STZ rodent model is often time consuming for both studying DKD and evaluating the effectiveness of anti-DKD agents or compounds. Likewise, the use of genetically created animal models may also be a time consuming process if starting from scratch, and its use is usually not cost friendly and often incurs a large amount of spending for a given study period that necessitates long term testing. In terms of time saving and low cost spending, we think

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STZ induction of diabetes via intraperitoneal injection is a very suitable approach for studying DKD pathology and testing anti-DKD designs and strategies.4

STZ causes β cell death in the pancreas.⁵ It enters into β cells via Glucose Transporter 2 (GLUT-2) and causes DNA damage,^{6,7} leading to β cell death and decreased insulin secretion⁵. As such, blood glucose is elevated due to β cell dysfunction, leading to development of overt diabetes. It should be noted that STZ is a short-lived chemical once inside the body as it would be completely eliminated via the urinary system within 24 hr of injection.5 Nonetheless, it has been established that STZ can also enter into nephrons via GLUT2 that is much less abundant in the kidney than in the pancreas.⁸ This uptake of STZ by nephrons can cause acute kidney toxicity,⁹ which can be either recovered quickly due to rapid elimination of STZ by the kidneys 10 or prevented by drugs such as p53 inhibitors or Sodium-Glucose Transporter 2 (SGLT2) inhibitors.11 Thus it is often a good idea to conduct DKD-related experiments 21 days after STZ injection.¹⁰ By this time no toxic effect of STZ on the kidney should remain and any dysfunctional changes in the nephrons can be attributed to diabetic hyperglycemia. Likewise, any beneficial effects of tested pharmaceutical drugs, compounds, antioxidants, or chemicals should be attributed to their anti-DKD properties instead of their possible anti-STZ toxicity capacities.

It should be pointed out that when STZ injection alone is used to create a DKD model, such a model should be considered that of type 1 diabetes¹² instead of type 2 diabetes¹⁰ as STZ induction does not involve the initiation of insulin resistance. In contrast, HFD-feeding preceding STZ injection creates type 2 diabetes whereby HFD feeding induces insulin resistance followed by partial destruction of $β$ cells by STZ⁵ and insulin insufficiency due to β cell exhaustion by persistent hyperglycemia.⁵ Moreover, the STZ animal model of DKD can allow for enough time for progression of DKD and testing of various anti-DKD strategies given that many animals can live beyond two years after STZ injection.⁵

It should also be noted that there is no standard protocol for STZ induction of diabetes in rodents. For rats, it is often one injection of STZ,13 but the dosage of STZ may vary from investigator to investigator. For mice, some investigators prefer one injection with

a high dose of STZ while others prefer five or more consecutive injections with a low dose of STZ.14-16 Nonetheless, for a given investigator or a laboratory the method of STZ treatment should remain the same so that experimental results can be readily reproducible.

In conclusion, streptozotocin-induced diabetes in rodents provides a robust approach for the study of diabetic kidney disease.

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CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

ABBREVIATIONS

DKD: Diabetic kidney disease; **STZ:** Streptozotocin; **HFD:** High fat diet; **GLUT-2:** Glucose transporter 2; **SGLT2:** Sodium glucose transporter 2.

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